

## Progress Note Waiver Agreement

Washington Administrative Code (WAC) 246-810-035 (2) states:

“If a client requests that no treatment records be kept, and the counselor agrees to the request, the request must be in writing and the following must be retained:

- (a) Client name;
- (b) Fee arrangement and record of payments;
- (c) Dates counseling was received;
- (d) Disclosure form, signed by counselor and client;
- (e) Written request that no records be kept.

Dear: \_\_\_\_\_

This document will serve as your written request that no progress notes will be kept or retained from your psychotherapy sessions. Please note that by law, I am required to record the information noted above after each appointment.

I \_\_\_\_\_ request that Jessica K. Parker keep no written records other than those requested by law or regulation, or that she deems professionally necessary:

Client Signature \_\_\_\_\_ Date \_\_\_\_\_

Therapist Signature \_\_\_\_\_ Date \_\_\_\_\_