

SERVICE AGREEMENT

Jessica K. Parker Counseling and Consulting, LLC (JKPCC)
Jessica K. Parker, PhD, LMHC, LH60588445
420 East Main Street, Auburn, WA 98002
(253) 285-6966 www.jkpcc.org

CONSENT TO RECEIVE SERVICES

Jessica K. Parker Counseling and Consulting LLC (JKPCC) provides mental health services to individuals and couples who have emotional, behavioral and psychiatric problems. Services may include, but are not limited to, assessment of needs, individual therapy, pre-marital and marital counseling. I also provide consultation services for professionals and individuals. Professional consultation services may include, but is not limited to, assessment of needs, problem solving and resourcing, and coaching.

I do not complete disability forms.

I am an Out of Network Clinician. I do not accept private and State insurances. I believe that people should be able to receive the care they want and what works for them without an insurance company micromanaging and imposing their ideals and constraints as to what therapy should entail. Insurance companies often dictate what types and techniques of therapy will be covered. Insurance companies often require a mental health diagnosis to be given to pay for treatment. Mental health diagnoses may prohibit a person from rights and the person may be stigmatized by having a mental health diagnosis. I hold that personal concerns do not need to be attached to a person's medical chart that may or may not follow them throughout their lifetime. Medical charts are often connected from facility to facility and I honor my client's privacy.

SERVICES AND RATES:

I accept cash, check, money order, cashier's check, debit card, and credit card. This fee is collected at the time of service. I will need to keep a credit card on file for no-show/cancellation charges and phone calls.

Initial Intake Individual 75 minutes	\$100
Initial Intake Marriage 90 minutes	\$150
Individual Session 55 minute counseling hour	\$80
Individual Session 25 minute counseling hour	\$40
Marriage Counseling 75 minute counseling hour	\$100
Individual Clinical Supervision hour 55 minutes	\$60
Group Clinical Supervision (2 people) 55 minutes	\$40
Consultation 50 minutes	\$50

I charge a fee of \$2 per minute for between session telephone calls lasting 10 minutes or longer. This includes collaboration and consultation with other providers.

If rates increase I will give you 30 days' notice before rates go into effect.

APPOINTMENTS AND CANCELLATIONS

During the intake session we will arrange specific and regular meetings for our therapy sessions. Typically, therapy sessions are weekly and as progress is made the sessions are then scheduled every other week.

I require 24 hour notice of cancellations, with the exception of illness and/or family emergency. **If you cancel without giving me 24 hour notice or cancel for any other reason than illness and emergency, or do not show,**

